



Spirit of Life
Unitarian Universalists

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Press Release

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Explore “A Search for Meaning in the Dalai Lama’s India” at Spirit of Life UU on Sunday, August 10, at 11 a.m.

Guest speaker, Raine Richards, a recent graduate of Emory University, will share her experiences studying abroad in India.

“With vague ambitions of seeking self-sufficiency and wisdom, I embarked upon my first study abroad trip in the adoptive Tibetan land of Dharamsala, India. Two years have now passed, and the implications of this experience have proven more profound and far-reaching than I could have ever anticipated,” she says.

Richards was a 2004 Graduate of the International Baccalaureate Program at Palm Harbor University High School, and graduated this year from the Emory Scholars Program at Emory University. She studied abroad in Dharamsala, India, Buenos Aires, Argentina, and Oxford, England, and will be teaching English in Avignon, France during the 2008-09 school year.

Being in such close proximity to the Dalai Lama and Buddhist monasteries compelled Richards to explore yoga more deeply and to expand her awareness “regarding the diminutive nature of my own existence,” helping her develop a greater sensitivity towards other modes of thinking and behaving, she says.

Prior to the service, at 10AM, join our adult discussion group for coffee and conversation. Children’s activities and childcare also start at 10AM. All are welcome!

Spirit of Life Unitarian Universalists is located at 18412 Burrell Road, just off Tarpon Springs Road, just east of Boy Scout Rd, in Odessa. Call (813) 792-1622 or visit:

<http://www.spiritoflifeuu.org> .

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